

# Why Should Your Child Get the Flu Shot?

The U.S. Centers for Disease Control and Prevention (CDC) strongly recommend yearly flu vaccination for all children 6 months of age and older — and for good reasons.

- The flu can make your child sick enough to miss school and activities, even sick enough to be hospitalized. Even healthy kids can get very sick from the flu, and they can spread it to others.
- The single best way to protect against seasonal flu and its potentially severe complications in children is to have your child get a seasonal flu vaccine each year.
- Studies show that schoolchildren vaccinated against flu have fewer illnesses, fewer absences from school, and lower rates of illness in their families during flu season compared with unvaccinated children.
- Children are one of the most common sources of flu transmission in the community. Immunizing children may also prevent the spread of the flu to others.



**Parents: Get a flu shot, too.**

*Keep yourself and your family flu-free this season.*

[www.scdhec.gov/flu](http://www.scdhec.gov/flu)

800.868.0404

CR-010489 8/17



protect yourself.  
protect your family.  
prevent the flu.