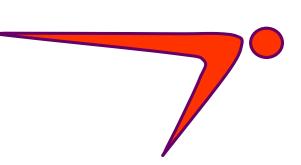
Poway Valley Gymnastics Booster Club







(858) 748-1716

Gymnastics Classes for All!



- Mom&tot class for walking to 3yrs
- Preschool classes from 3yrs-5yrs
- Recreational classes for boys and girls 5yrs and up.
- Competitive girls team
- Tumbling classes
- Ninja Classes

*Don't forget we offer

- Open Gyms on Saturday
- Birthday Parties on Sunday
- Seasonal Camps





Poway Valley Gymnastics

Booster Club



WINTER CAMPS

DECEMBER 26
DECEMBER 27
DECEMBER 28
DECEMBER 29





8:30AM-9:00AM= DROP OFF 9:00AM-3:00PM= CAMP 3:00PM-3:30PM= PICK UP

PLEASE CALL THE FRONT DESK AT 858-748-1716
TO SIGN UP AND MORE INFORMATION.

WWW.POWAYGYMNASTICS.COM
12850 BROOKPRINTER PL
POWAY, CA 92064



Celebrate your Birthday with us!

Our staff will entertain your children with age appropriate activities, gymnastics, trampolines, ninja obstacle courses and more.....

Birthday Parties held on Sunday

12:00pm-1:30pm

1:45pm-3:15pm

3:30pm-5:00pm

5:15pm-6:45pm

To get more information about our birthday parties please call

(858) 748-1716.

12850 Brookprinter Placc Poway, CA 92064 www.powaygymnastics.com







Poway Valley Gymnastics Booster Club



Call (858) 748-1716 to set up your free trial class!

12850 Brookprinter Place Poway, CA 92064

Mom & Tot (Walking to 3 yrs old)

Thursday 10:45am –11:15am Saturday 8:45am-9:15 am

Supertot (3 to 5 years old)

Monday 9:45am-10:30am, 10:30am-11:15am Tuesday 9:15am-10:00am, 10:00am-10:45am Wednesday 2:45pm-3:30pm. Thursday 9:15am-10:00am, 10:00am-

10:45am, 3:00pm-3:45pm Friday 3:00pm-3.45pm Saturday 9:00am-9:45am, 9:45am-10:30am

Ninja Classes (5yrs old and older)

Tuesday 4:30pm-5:30pm Friday 5:30pm-6:30pm

Mighty Might Girls (5 to 8 years old)

Monday 3:40pm-4:40pm, 4:30pm-5:30pm
Tuesday 3:40pm-4:40pm, 4:30pm-

5:30pm,5:30pm-6:30pm

Wednesday 3:40pm-4:40pm, 4:30pm-

5:30pm, 5:30-6:30pm

Thursday 4:00pm-5:00pm, 5:00pm-

6:00pm, 5:30pm-6:30pm

Friday 4:30pm-5:30pm, 5:30pm-6:30pm

Saturday 10:30am-11:30am, 11:30am-

12:30pm

Friday 4:30pm-5:30pm, 5:30pm-6:30pm

Teal Girls

Monday 4:30pm-6:00pm Tuesday 5:30pm-7:00pm Wednesday 4:30pm-6:00pm Thursday 4:00-5:30. 5:30pm-7:00p, Friday 4:00pm-5:30pm

Orange and Purple Girls (9 and over)

Monday 5:30pm-7:30pm Wednesday 4:00pm-6:00pm Thursday 4:00pm-6:00pm

Beginner Boys (5 to 7 years old)

Thursday 4:00pm-5:00pm Friday 4:00pm-5:30pm

Advanced Beginner Boys (8 yrs +)

Tuesday 5:30pm-7:00pm Wednesday 4:30pm-6:00pm

High School Class

Tuesday 3:30pm-5:30pm Thursday 3:30pm-5:30pm

Tumbling & Trampoline (5 and over)

Wednesday 6:00pm-7:30pm Saturday 12:00pm-1:30pm

EXCEL

Tuesday 6:00pm-8:30pm Thursday 6:00pm-8:30pm