REGISTIER NO

"Largest Youth Flag Football League in California"

Join the 20,000 kids currently playing "FNL" Flag Football



Grades K-12

All games on FRIDAY NIGHTS Location in Rancho Bernardo Only 1 practice per week



No Contact • 6 vs. 6 • Everyone Catches Passes

Season Starts in February

(Register Now...We WILL Sell Out)

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SIDAY NIGHT LIGHT

North County Coast Friday Night Lights flag football presents North San Diego Friday Night Lights