



## Murfreesboro City Schools Chef Academy

The MCS Chef Academy is a unique opportunity for children, in grades 4-6 to learn intermediate skills and techniques needed to embark on a lifetime of cooking.

Interested in enrolling? Fill out the attached application and return to your child's teacher or complete the online form at <http://bit.ly/mcscchefacademy>



## Murfreesboro City Schools Chef Academy

The MCS Chef Academy is a unique opportunity for children, in grades 4-6, interested in cooking, to learn intermediate skills and techniques needed to embark on a lifetime of cooking. Students enrolled in MCS Chef Academy will participate in classes once a week for six weeks, and compete for a chance to represent their school in an Iron Chef cook-off among schools. Participants will learn basics in: kitchen safety, proper food handling, food preparation, cooking techniques, and presentation, all led by a professional chef.

There will be a maximum of 12 participants selected per school site. Applications will be considered based on enthusiasm from the submitted paragraph of “Why I want to be an Iron Chef.”

Online Applications can be found at <http://bit.ly/mcschefacademy>

This program is partially funded by the Community Wellness Council of Rutherford County.

**Application Due Date:** Friday, October 14

**Program Start Date:** Scales Elementary- Tuesday, October 25

Overall Creek- Wednesday, October 26

Erma Siegel- Thursday, October 27

Student Name: \_\_\_\_\_

School: \_\_\_\_\_

Age: \_\_\_\_\_ Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Email: \_\_\_\_\_

### “Why I want to be an Iron Chef”

Students, please write one brief paragraph describing why you are excited about being a part of the MCS Chef Academy.

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