

Wayland Community Education

Course Catalog

WINTER 2016



Wayland Community Education offers programs for youth and adults. Please take a look at the variety of classes offered this summer

Classes are listed online at the district's webstore powered by RevTrak. <http://wayland.revtrak.net>



REGISTRATION: All registrations can be done online on RevTrak using a debit or credit card. You may also register by phone; by mail using check; or in person. A General Registration Form is also available at the end of this document.

Wayland Union Schools
435 E. Superior Street
Wayland MI 49348

(269)792-9153

Our office is located at Steeby Elementary School, 435 E. Superior Street, Wayland, MI 49348 and is open Monday –Thursday 11am – 4:00pm, Phone: 269-792-9153.

Wayland Community Education Courses

Winter 2016

YOUTH RECREATION

Indoor Soccer



Play soccer indoors! This recreational program is a fun way to learn more about soccer and stay active this

winter. Students play about 45 minutes (1/2 hour of game time and 15 minutes warm up/wrap up). For the safety of all players, children are required to wear shin guards, indoor gym shoes, and will be placed on the age appropriate level. Includes a t-shirt.

REGISTRATION DEADLINE: DECEMBER 13, 2015

Dates: Saturdays, January 23-March 5, 2016
(March 12 make-up date if needed)

Ages: 4-11 years, must be four by Jan. 1, 2016

Time: Game time varies between 9am-3pm

Location: Pine Street Gym, 316 Pearl St., Wayland

Coordinator: Mindy Schneider

Instructors: Volunteer Coaches needed

Fee: \$35, includes t-shirt

enjoy honing their skills through practice and instructor guidance. The class will be ran using the NASP (National Archery in Schools Program) format. A website and many youtube videos feature NASP's history, how it is ran, and benefits. Please feel free to look over their site; <http://naspschools.org/>

Day: Tuesdays, 6 weeks

Dates: January 12 – Feb 16, 2016

Class 1: 6-7pm

Class 2: 7-8pm

Same class, pick a time that works best for you!

Location: Steeby Elem Gym, 435 E. Superior St., Wayland

Instructor: Ted Truswell

Fee: \$25

Volleyball Skill Building (4th- 6th Grades)



This 1.5 hour volleyball class will introduce the fundamentals of volleyball to young athletes. Learn proper techniques and improve your skills!

Day: Thursday, 4 weeks

Dates: January 7 – January 28, 2016

Time: 6:30pm – 8:00pm

Location: Wayland Union Middle School Gym

Instructor: Cheri Ritz & Nicole Cardosa

Fee: \$40



Archery (4th – 12th Grades)



Archery indoors! During these classes students will first learn the range set up and instructions, safety, which eye is dominant, and proper form for shooting a

bow. Following the initial instructions, students will



Softball Skill Building (4th-6th)



This 1.5 hour softball class will introduce the fundamentals of softball to young athletes.

Learn proper techniques and improve your skills!

Day: Thursday, 4 weeks

Dates: February 18 – March 3, 2016

Time: 6:30pm – 8:00pm

Location: Wayland Union Middle School Gym

Instructor: Cheri Ritz & Justin Sherrod

Fee: \$40

Sanchin Ryu Karate Youth (4-17 yrs.) & Adult

Looking to increase flexibility, relieve stress and increase overall wellness? Learn an effective, peace-seeking approach to karate. People of all ages and backgrounds have the opportunity to experience the benefits of martial art study in a positive, non-competitive, family friendly environment.

Mondays at Dorr Elementary

Winter Session: January 25 – March 21, 2016

Dorr: No class on March 14, 2016

Thursdays at Steeby Elementary Gym

Winter Session: January 28- March 17, 2016

Youth 6-7pm/Families 6-7pm or 7-8pm/Adult - Teen 7-8pm

Instructor: Sanchin Systems

www.sanchinsystems.com

Fee: \$40 youth/individual or \$80 family

AFTERSCHOOL PROGRAMS

Bricks 4 Kidz Lego Engineering (gds. 1st-4th)



Each 4 week session is after school.

Session fee: \$40 residents, \$50-non-resident

Wild Weather Fun: Fasten your seatbelts; we're in for some wild weather! Kids learn about amazing and powerful forces of nature, by building weather models using LEGO

bricks! As students explore the when, where, how and why of all kinds of natural phenomenon, they will have tons of fun building these wild weather moving LEGO models!

Dorr Elementary

Mondays, Dec. 7 – Jan. 11, 2016 4:00-5:00pm
(no class 12/21 & 12/28)

Baker Elementary

Tuesdays, Dec. 8 -Jan. 12, 2016 4:00-5:00pm
(no class 12/22 & 12/29)
(Steeby students can shuttle to Baker)

Winter fun with remote controls

Don't get left out in the cold! Bring the winter fun indoors with interactive Bricks 4 Kidz models of popular winter vehicles, and add remote controls to some. No snow? No problem – all you need to create these winter memories are our bricks and your imagination

Dorr Elementary

Mondays, Jan 25 – Feb 15, 2016 4:00-5:00pm

Baker Elementary

Tuesdays, January 26 – Feb 16, 2016 4:00-5:00pm
(Steeby students can shuttle to Baker)

Zumba Kids® (ages 4-12)



This afterschool program is designed exclusively for kids ages 4-12. Zumba Kids classes are rockin', high-energy fitness-parties

packed with specially choreographed, kid-friendly routines and all the music kids love, like hip-hop, reggae-ton, cumbia and more. Parents love Zumba Kids because of the effects it has on kids, increasing their focus and self-confidence, boosting metabolism and enhancing coordination. Zumba Kids rounds out fitness goals and gives kids a totally fun experience. 6 weeks

Location: Baker Elem. Gym, 507 W. Sycamore St, Wayland

Days/Dates: Tuesdays, Jan. 12 – Feb. 16, 2016

Time: 4:00 – 5:00 pm

Fee: \$30.00

YOUTH ENRICHMENT

Canvas & Cookies (ages 8 – 12)



Young Artists (ages 8-12 years old) are invited to join us for this one evening class to create their own masterpiece while enjoying

some sweet treats. The instructor will assist the children step by step through the painting process. All supplies (canvas, paints and brushes) will be provided. It could get messy, so wear older clothes!

Date: Monday, January 18, 2016

Time: 6:00 – 8:00 pm

Location: Steeby Elem, Art room #125

435 E. Superior St., Wayland

Fee: \$25.00

American Red Cross Babysitter Training



This one day course from the American Red Cross provides youth with the knowledge and skills necessary to safely and responsibly give care for

children and infants. This training will help participants to develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe, and help children behave. Covers basic child care and basic first aid. This class is designed for youths ages 11 to 15 and is limited to 12 students. Please pre-register!

Date: Saturday, January 23, 2016

Time: 9:00am-4:00pm

Location: Wayland Area Emergency Medical Services, 911 S. Main St., Wayland

Fee: \$50.00

ADULT FITNESS

Yoga - Mixed Level



This mixed level class is based on a unique style of Hatha Yoga, where positive intentions integrate with

the scientific principles of biomechanics. The class includes breathing exercises and a physical practice. The focus is on developing concentration and awareness, as well as stretching and strengthening. Emphasis is put on detailed instruction and basic alignment principals – modifications are given for different levels. Students must be able to move down onto a mat and up off of a mat without assistance. Participants are asked to bring their own yoga mat and block to class.

Day/Time: Wednesdays; 6:00-7:15 pm

Dates: January 6 – Feb 24, 2016 8 wks.

Class for Feb 10, 2016 will be at the Baker Elem. Gym

Location: Wayland Union Fine Arts Center Dance Studio, 870 E. Superior St., Wayland

Fee: \$75.00 / 8 weeks

Instructor: Rachel Carter, Certified Yoga Teacher

www.omsteadyoga.com

CPR & AED Certification



**American
Heart
Association®**

Learn and Live

Do you have the skills to save a life? Would you know what to do in an emergency? Get certified in the use of CPR and AEDs. This course will follow the American Heart Association's guidelines for the layperson using the Heart Saver program. Courses are instructed by the Wayland Area Emergency Medical Services (W.A.E.M.S.) team.

Date: Wednesdays, Feb 24, 2016

Time: 6:00-10:00 p.m.

Location: W.A.E.M.S. Building, 911 S. Main St., Wayland

Fee: \$40, includes book

Hall walking



Get fit and walk indoors this winter at Wayland Union Middle School! There will be no hall walking when school is not in session; this includes holiday breaks, professional development days and snow days. There will also be no hall

walking on Jan 26 and April 26.

Location: Wayland Union Middle School, 701 Wildcat Drive, Wayland.

Days/Time: Monday-Friday 6:00-8:00pm

Dates: November 2, 2015 through April 29, 2016

LEISURE LIFE (age 55 & older)



Activities will be held at the **WUS Transportation Building, 851 Wildcat Drive in Wayland**, unless noted otherwise. If school is closed for inclement weather, events will be canceled.

Second Annual Holiday Luncheon



Wednesday, Dec. 2, 2015

Noon – 3:00pm

Free luncheon and white elephant gift exchange along with musical entertainment. (You must bring a wrapped gift for gift exchange – suggested

value of around \$10) Complimentary lunch of baked ham, au gratin potatoes, broccoli, salad, dinner rolls, dessert. Space is limited to 80 people – call for your reservations. Location: Windsor Woods Village Community Room, 1135 W. Superior St., Wayland

Must RSVP to Penny Salisbury 269-792-2996 by Nov 20th

Thank you to all the sponsors who make possible this free Holiday Luncheon. Lunch is sponsored by Laurels of Sandy Creek, Dessert by Green Acres of Wayland, punch by Kubiak Cook Funeral Services

Free Pizza & Prize Bingo

Wed., Dec 16, 2015; 11:30am – 1:30pm

One free bingo card. Must be 60+ to play. Thank you ITL for sponsoring our pizza and bingo prizes!

Location: Wayland Transportation Building

Complimentary Presentation & Lunch

Wed., Jan 6, 2016; 11:30am – 1:30pm

Join us for a complimentary presentation by Crossroads Eldercare Planning “Navigating the Senior Care Maze” Senior Housing Options, Veterans Benefits, Care at Home, Senior Day Programs, and Senior Agencies. Lunch for \$7.00 of pork loin, macaroni & cheese, vegetable, & assorted pies for dessert.

Must RSVP to Penny Salisbury 269-792-2996 by Dec 14th.

Location: Wayland Transportation Building

Free Pizza & Prize Bingo

Wed., Jan. 20, 2016; 11:30am – 1:30pm

One free bingo card. Must be 60+ to play. Thank you Bruce Sexton, DDS for sponsoring our pizza and bingo prizes!

Free Pizza & Prize Bingo

Wed., Feb. 10, 2016; 11:30am – 1:30pm

One free bingo card. Must be 60+ to play. Thank you Wayland United Bank of Michigan for sponsoring our pizza and bingo prizes!

Live Play & Lunch

THURSDAY, Feb. 25, 2016; 11:30am – 1:30pm

Live play “You Can’t Take It With You” put on by the Wayland High School Students. Lunch for \$7.00 of meatloaf, mashed potatoes, vegetable, & dessert. After lunch at the transportation building, we will travel to Wayland HS Fine Art Center for play at 12:15.

Must RSVP to Penny Salisbury 269-792-2996 by Feb. 12th

Location: Wayland Transportation Building

Sign Up for a Quarterly Newsletter!

If you would like to receive a quarterly Leisure Life newsletter, call Penny Salisbury at 269-792-2996 or email:

salisburyp@waylandunion.net **Find us on Facebook!!**

Search Wayland Community Education Leisure Life Programs

facebook

Wayland Community Education REGISTRATION

Refund Policy: Classes canceled by Wayland Union Community Education due to lack of enrollment will be fully refunded. You may receive a refund up to two days prior to the first day of class minus a \$10 processing fee. No refunds will be granted after that time.

Registration: All classes require pre-registration, unless noted. Most classes have size limits, so please register early. You may register in the following ways:



Online: Register 24/7 with your credit or debit card! All classes and descriptions are online.

Go to www.wayland.k12.mi.us and see the Community Education homepage.



Mail: Please use the registration form at the bottom and mail to:

Wayland Community Education
435 E. Superior Street, Wayland, MI 49348

By Phone: Call (269) 792-9153, Monday-Friday, 8:00am-4:00pm

In Person: Wayland Community Education is located in Steeby Elementary School at
435 E. Superior Street, Wayland

Wayland Community Education, 435 E. Superior Street, Wayland, MI 49348 (269) 792-9153

Class: _____ Session/Dates: _____

Class: _____ Session/Dates: _____

Student Name: _____ Birth Date: _____ (mm/dd/yyyy)

Parent/Guardian Name: _____ Email: _____

Phone: () _____ Cell: () _____ Work () _____

Address: _____ City: _____ MI Zip _____

Credit card: (please circle) Visa MC Discover Card # _____ Exp. Date: _____

Signature: _____ Date: _____